



Hoge Gezondheidsraad Conseil Supérieur de la Santé

Persconferentie | Conférence de presse | 29/06/2022

Onderzoek naar geestelijke gezondheid: de kenniskloof overbruggen – HGR 9667

La recherche en santé mentale : Combler le fossé des connaissances – CSS 9667

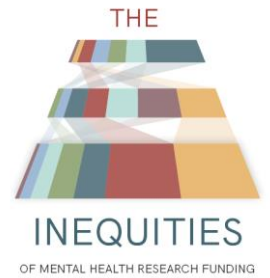
Research in mental health: Bridging the knowledge gap – SHC 9667

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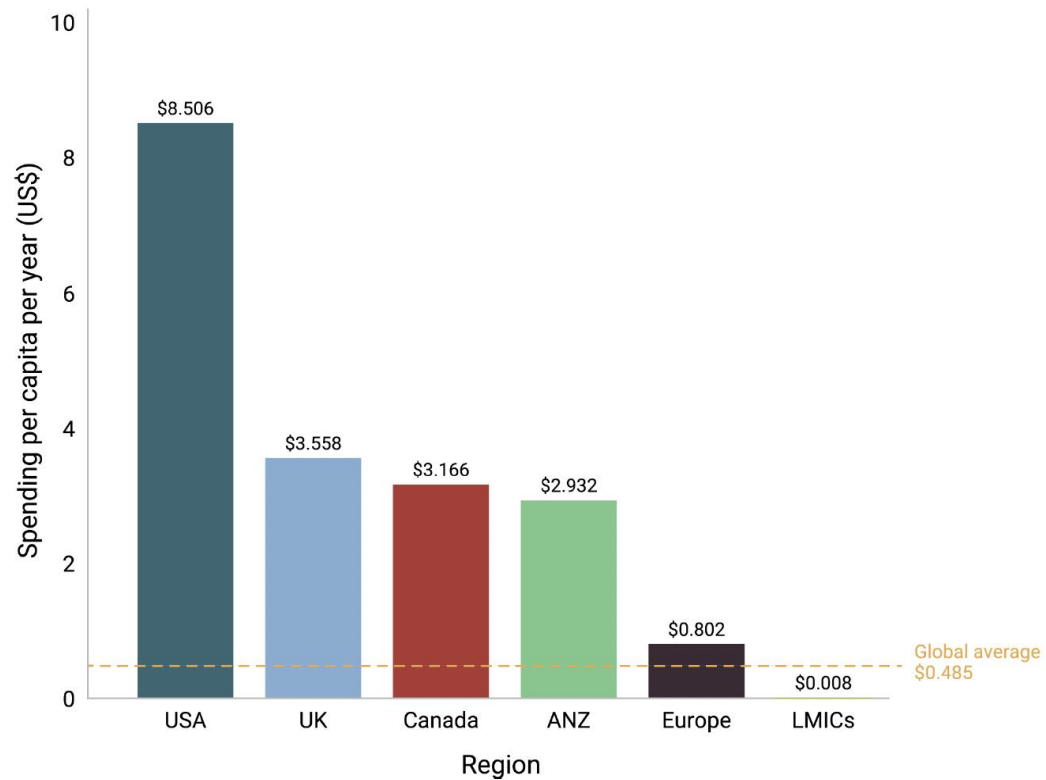
Setting the stage

A DIGITAL RESEARCH REPORT NOVEMBER 2020



Eva Woodart, Aury White, Karolin Loubser-Smith, Jonathan Grant and Daniela Kanner
International Alliance of Mental Health Research Funders

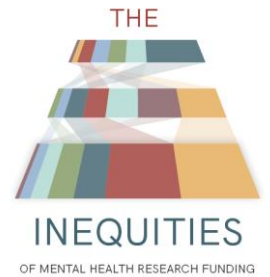
Figure 5: Global investments in mental health research by region





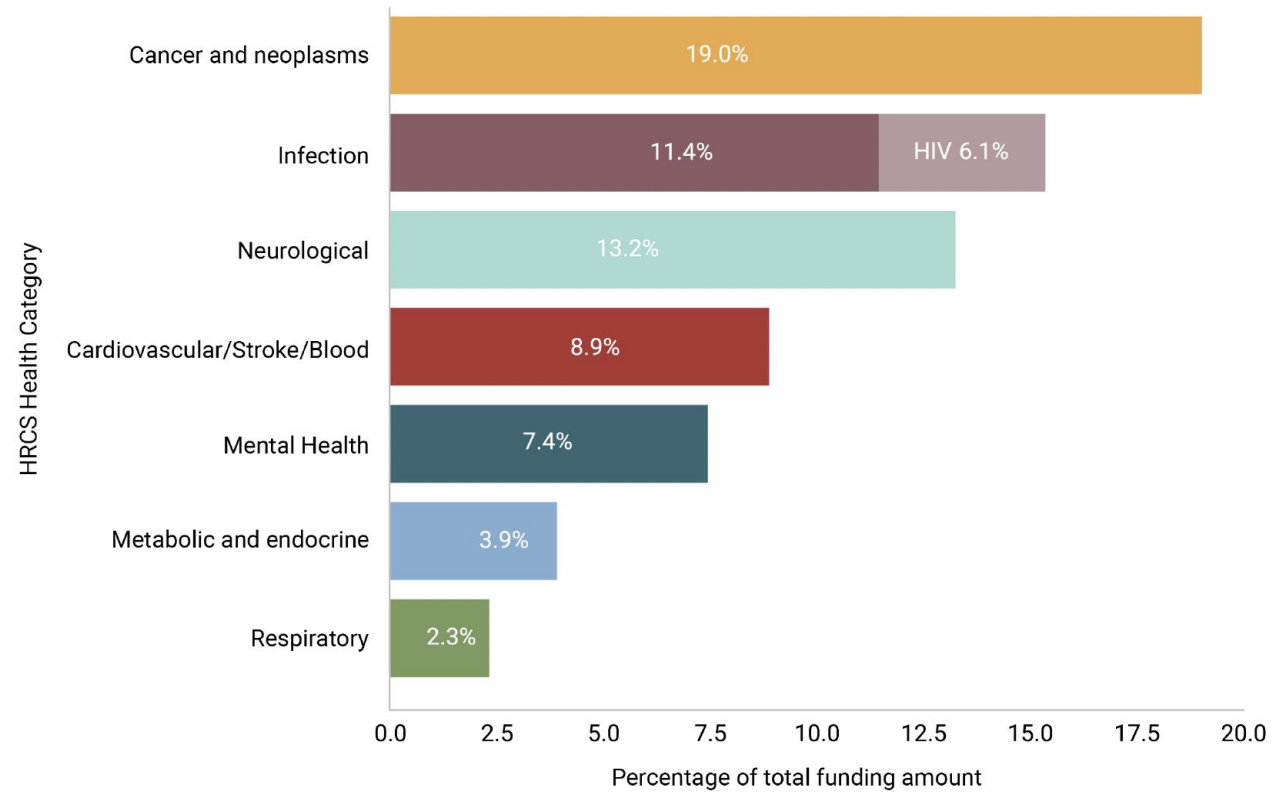
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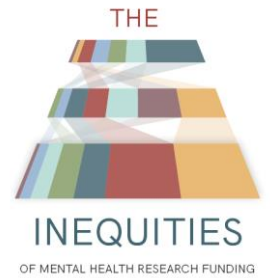
Figure 6: Global investments in mental health research compared to other diseases



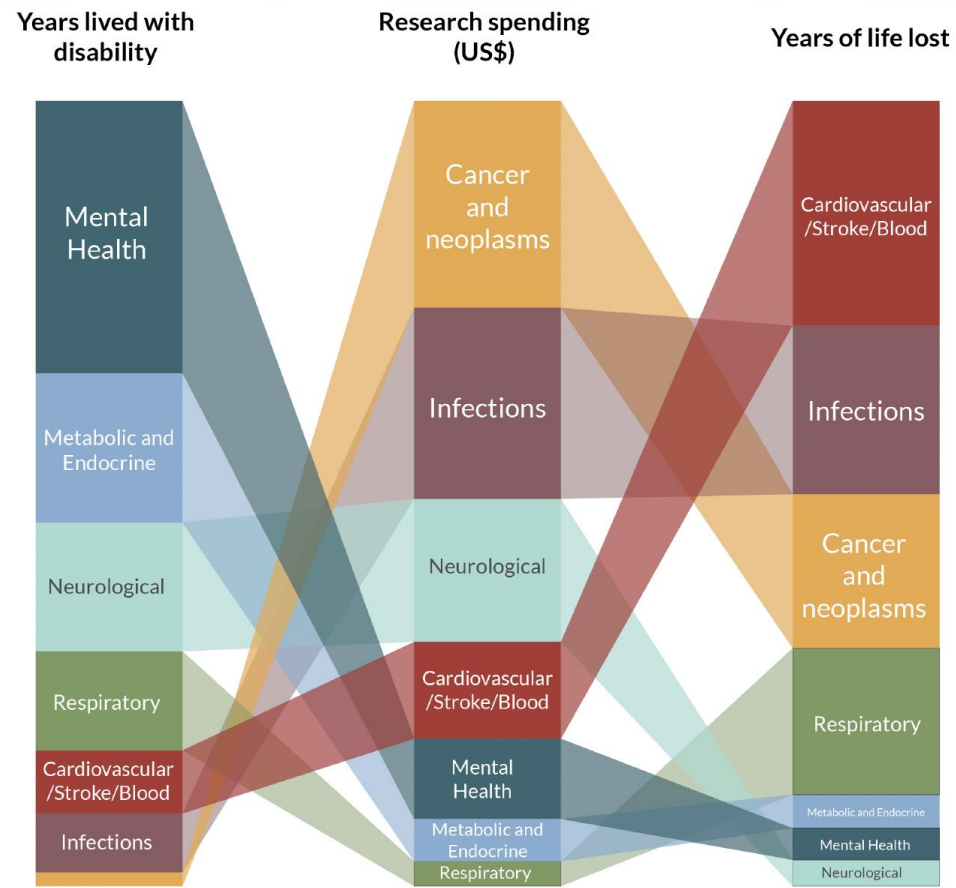


Setting the stage

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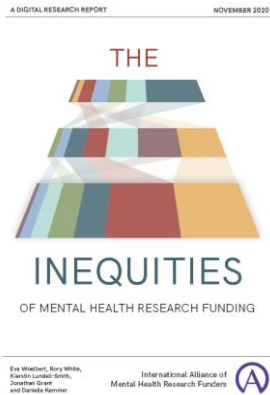
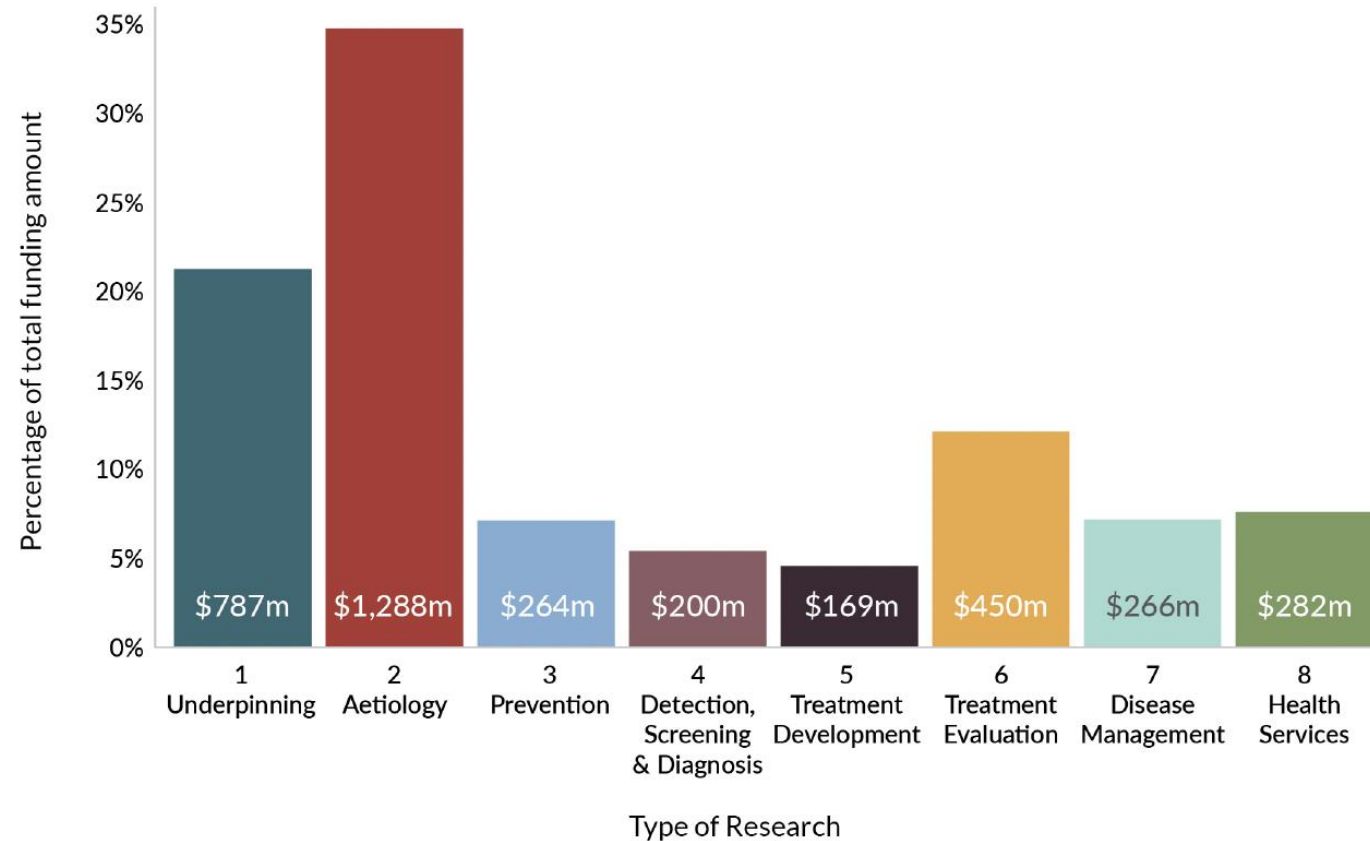


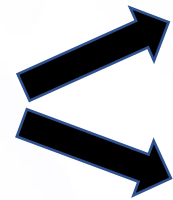
Figure 11: Annual global investments in mental health research by Research Activity Code (RAC)





Inequities: Belgian situation

2,3 milj healthy life years lost in 2018



47,3 % years living with disability

52,7 % years of life lost

Which diseases contributed most?

- Depression (7.6%)**
- Coronary heart disease (6.8%)
- Lungcancer (6.6 %)
- Lower Back pain (6.2%)
- Alcohol abuse (6.0%)**

Which diseases contributed most to years of life lost?

- Lungcancer (12.2 %)
- Coronary heart disease (12.1 %)
- Alzheimer (8.0 %)
- Cerebrovascular disease (8.0%)

Which diseases contributed most to years living with disability?

- Depression (16.1 %)**
- Lower Back pain (13.2%)
- Alcohol abuse (11.1 %)**



During COVID

- Lack of data
- Lack of high-quality research
- Lack of translation to public policies

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January 11, 2022 (8)

Other

Open Access

View

Living Document I: Belgian mental health (care) Paper repository Version 8

 Van Hoof, Elke;  De Laet, Hannah; Gérard, Sylvie;  Philips, Evelien;  Hochrath, Sophie;  Horczak, Paula;  Van den Cruyce, Nele;

Covid-19 has had a big impact on many aspects of our life, including mental health. Since the start of the pandemic, a whole body of Belgian research has been performed on the relation between covid-19 and mental health (care). The mental health & covid-19 working group of the superior health co

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Current recommendations

1. Create a platform to enhance accessibility of knowledge and expertise on mental health
2. Improve quality of the data in mental research
3. Develop a research agenda for mental health



Current recommendations

1. Create a platform to enhance accessibility of knowledge and expertise on mental health

- Extend COVID paper repository
- Add information on data characteristics and access
 - ➔ Create visibility for existing research
 - ➔ Identify gaps & inform research agenda
 - ➔ Foster collaboration & more extensive use of data



Current recommendations

2. Improve quality of the data in mental research

- Develop a standard for key outcome and process measures
 - Develop guidelines for data collection
 - Develop quality indicators for existing studies
- ➔ • Need for additional data collection ↓



Current recommendations

3. Develop a research agenda for mental health

- Identify a strategy for developing a research agenda for mental health research
- Substantiate this research agenda with a strong rationale for the priority list

Based on



- existing research domains in Belgium
- gaps in knowledge as identified in the paper repository
- societal and clinical relevance
- International recommendations (cfr. the inequity report)



Developed by

BLAVIER Adélaïde
BRAET Caroline
BRUFFAERTS Ronny
DENIS Jennifer
DESMET Ann
DEWAELE Alexis
GALDIOLO Sarah
GERMEYS Inez
GLOWACZ Fabienne
LAGUESSE Renaud
LUMINET Olivier
VAN DEN BROECK Kris
VAN HAL Guido
VAN HOOFF Elke

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UAntwerpen
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Discussed with

BOSMANS	Guy	Belgian Association for Psychological Sciences	KOSTER	Ernst	Vlaamse Vereniging van Klinisch Psychologen
CATTHOOR	Kirsten	Vlaamse Vereniging voor Psychiatrie	LEMAIRE	Sébastien	Société Scientifique de Médecine Générale
CONSTANT	Eric	Académie de Médecine	LOWET	Koen	Vlaamse Vereniging van Klinisch Psychologen
DECUMAN	Saskia	RIZIV / INAMI	LUGEN	Marine	RIZIV / INAMI
DELVENNE	Véronique	Académie de Médecine	MORSINK	Sarah	SPF Santé Publique
DEVOS	Martine	Union Professionnelle des Psychologues Cliniciens Francophones	PEETERS	Kristien	Fonds Wetenschappelijk Onderzoek
DEVRIESE	Stephan	KCE	STEFFEN	Morgane	SPF Santé Publique
FARTHOUAT	Juliane	Fond de la Recherche Scientifique	SMITH	Pierre	Sciensano
FRANCOIS	Arthur	RIZIV / INAMI	SUSSWEIN	Robin	Ligue Bruxelloise pour la santé mentale
GISLE	Lydia	Sciensano	WUYTS	Yves	Zorgnet Icuro



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