Intro BeQuinT symposium 2023

Prof. Dr. Sarah Lessire, chair BeQuinT







Programme

Welcome coffee



08:30-9:00

9:00-10:30



Presentation results 2nd national PBM survey

The 3 chapters will be discussed:

- 1) Organisation of PBM
- 2) PBM in obstetrics
- 3) Use of O Rhesus negative red blood cells

Break



10:30-10:50

10:50-12:20



PBM implementation by international experts: education, benchmarking and evaluation

Is a PBM programme economically reasonable? by Prof. Dr. P. Meybohm

How local and national benchmarking such as the MAPBM can empower hospitals in PBM implementation? by Prof. Dr. E. Bisbe

How to increase PBM knowledge and to build a strong PBM leadership in a country? by Prof. Dr. V. Louw

Lunch



12:20-13:20

13:20-15:00



Local/national projects in Belgium

Preoperative anaemia detection and management in elective cardiac surgery patients by Dr. S. Buys

PBM implementation at the CHU UCL Namur : communication with patients and care units $\;$ by Ms. C. Nobis

National database on RBC antibodies: why and how do we need it? by Dr. E. Lazarova

Technical Interoperability in Belgian eHealth Ecosystem by Mr. J.-M. Polfliet

Conclusions for BeQuinT by Prof. Dr. S. Lessire





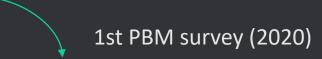




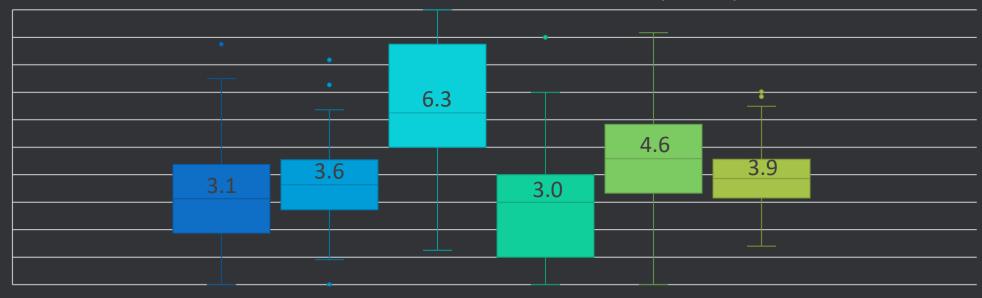


Improving:

- 1. transfusion practice
- 2. PBM implementation



Distribution of the scores on 10 (n=96)

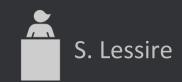


Organisation Preoperative Intra- & Haemato- Internal Total postoperative oncology medicine & geriatrics









Clinicians:

- Anaesthesiologists
 C. Van Aelbrouck,
 M. Beran
- Haematologists
 T. Devos, M. Colard
- Gastro-enterologistJ. Sabino
- Emergency physicianT. Ecker

Clinical biologists

- E. Bailleul
- L. Bogaert
- V. Deneys
- S. De Bruyne
- A. Hendrickx
- E. Lazarova
- A. Nijs
- R. Seghaye
- K. Van Poucke

Blood establishments

- S. Van Landeghem/
- A. Muylaert
- T. Najdovski /G. Bulliard

Transfusion Practitioners

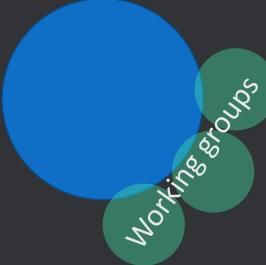
- C. Van Fleteren,
- G. Van Vaerenbergh

Federal:

- M. Efoudebe (FAGG/AFMPS)
- C. Van Meerbeeck (RIZIV/INAMI)
- A. Vlayen (FOD/SPF)
- J. Vanden Broeck (FOD/SPF)







National database red cell antibodies

PBM in obstetrics

PBM for general practitioners





Patient blood management is

a patient-centered, systematic, evidence-based approach

to improve patient outcomes

by managing and preserving a patient's own blood,

while promoting patient safety and empowerment





Optimal blood use

Minimum effective dose of blood comp.

Seeks to improve blood component use

Promotes evidence-based transfusion practice

Employs informed consent

PBM

Improved blood health

Seeks to protect and build person's own blood

Promotes also management of anaemia, bleeding & coagulation

Employs informed choice





goal





PBM anno 2020-2023 in Belgium?





1st chapter: PBM implementation

Dr. C. Van Aelbrouck

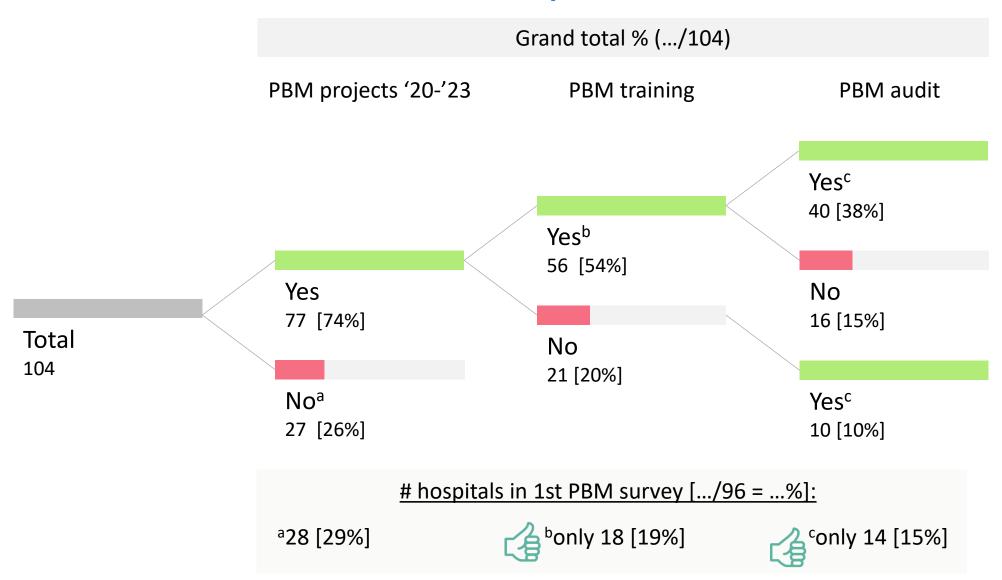




Symposium 14/12/2023



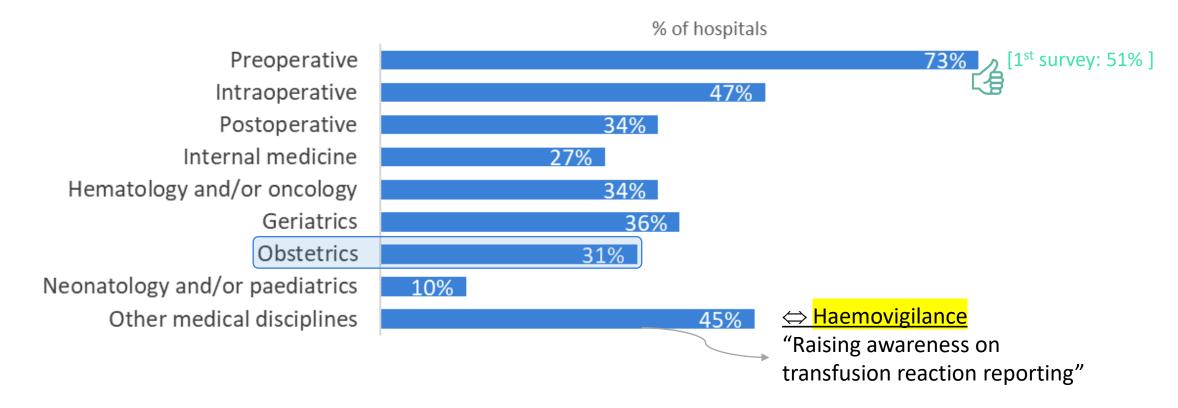
Overview PBM implementation







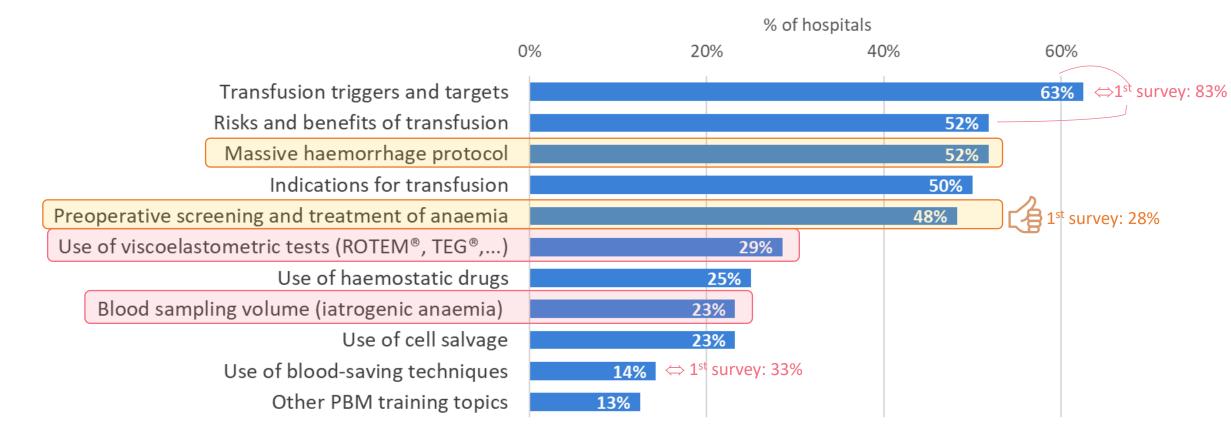
Concerned medical disciplines in PBM projects 2020-2023







PBM training topics

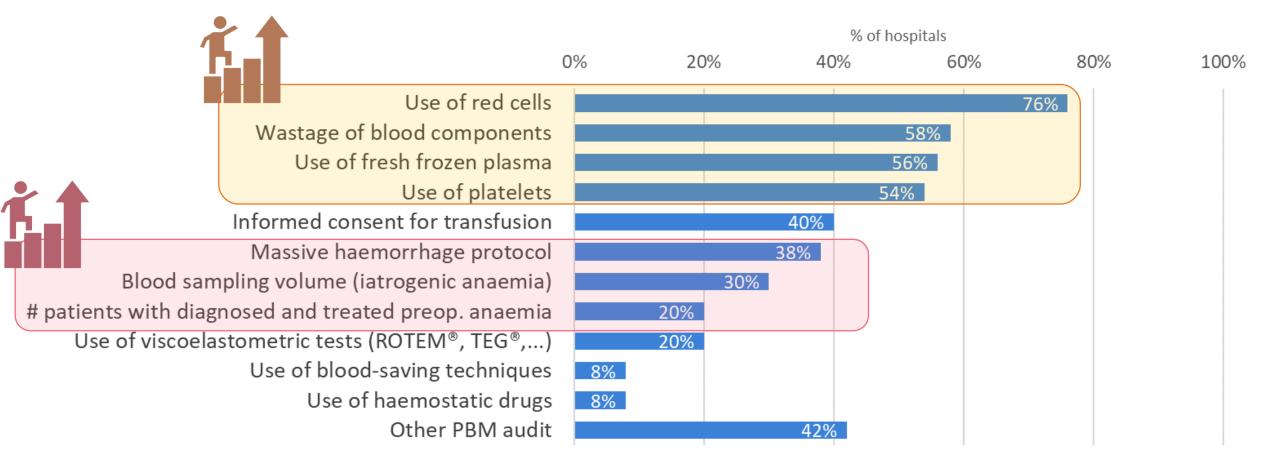


[n=56]





PBM audit topics

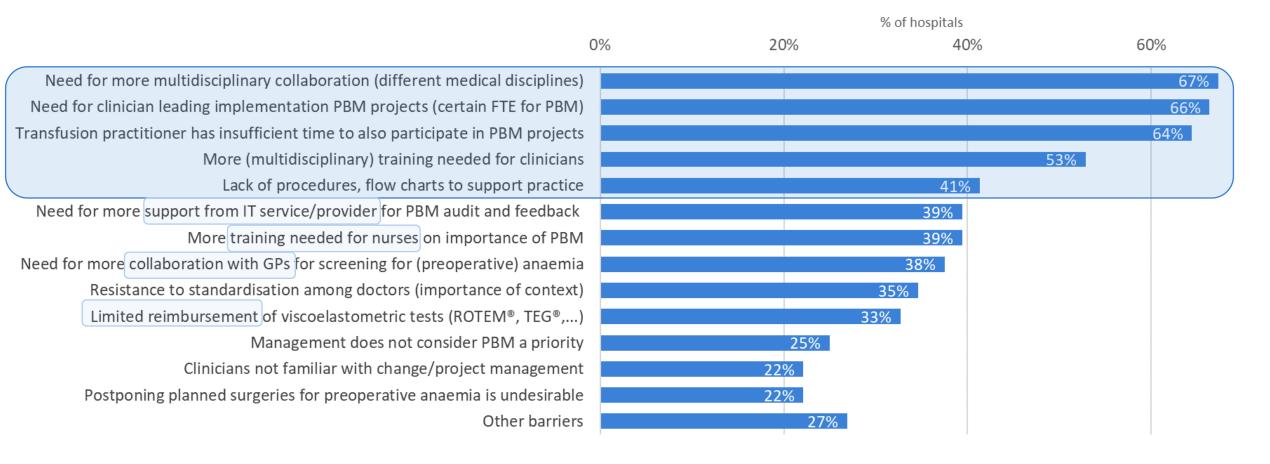


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Encountered barriers to implementing PBM projects in 2020-2023







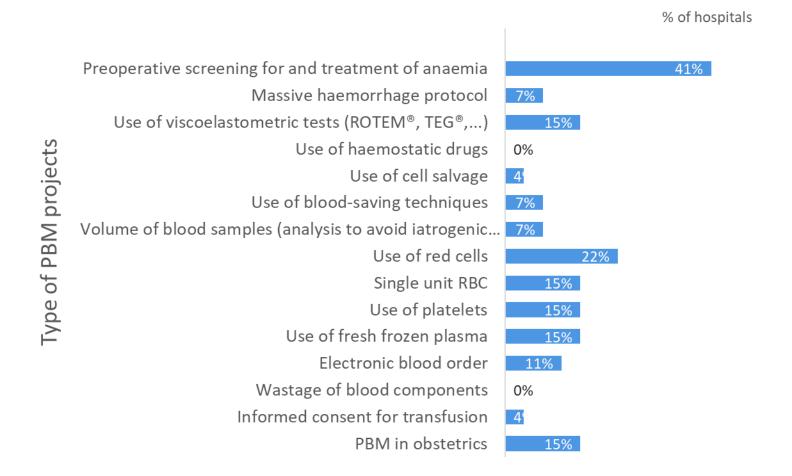
Examples of other PBM barriers

- Few incentives for clinicians to apply PBM (1)
 & no clear objectives for clinicians (1)
- Lack of transfusion practitioner (1) / PBM nurse (3)
- Lack of time (4), other priorities during Covid19 pandemic (4)
 Focus on some important transfusion/haemovigilance projects ⇒ lack of time for PBM (2)
- Modification of IT-systems needed for facilitating PBM ⇔ no priority (5)
- Help needed with data analysis (1)
- Difficult consensus about informed consent for transfusion (2)





Planned PBM projects for hospitals without PBM till now







Take home messages

- 1. **Positive evolution:** more hospitals with ongoing PBM projects compared to 1st PBM survey.
- 2. Each PBM project should include data collection & feedback, training & protocols!
- 3. Empower the PBM group:

Appointment of PBM **dedicated staff**: clinical leadership and PBM nurses!

- 4. Project management:
 - Small number of projects
 - SMART goals Specific, Measurable, Achievable, Realistic, Timely
 - Step-by-step realization & evaluation





Take home messages

- 6. PBM implementation should be developed in parallel with ongoing projects related to transfusion practice and haemovigilance:
 - a. Improving blood ordering and tracking system
 - Clinical decision support system
 - Electronic Blood Tracking System \Rightarrow 10.000 euros/year in the haemovigilance fund for each hospital
 - b. Improving adequate blood screening on time:
 - Anticipated first blood group check
 - Red cell antibodies screening to ensure the most compatible blood selection and reduce work for nurses and lab technicians
 - Anaemia and iron deficiency screening to enable adequate treatment before hospitalisation
 - c. Continuous education for healthcare providers of risks related to unnecessary transfusion
 - d. Informed consent about the benefits/risks of transfusion or alternatives to transfusion





BeQuinT working group for general practitioners



Gastro-enterologist

J. Sabino (UZ Leuven)

- Anesthesiologists
 - S. Lessire (CHU UCL Namur),
 - A. Yepmo (CHR Haute Senne)
- Haematologists
 - T. Devos (UZ Leuven)
 - M. Colard (H.U.B.
- Clinical biologists
 - E. Lazarova (CHR Haute Senne)
 - L. Bogaert (AZ Rivierenland)

Goal: Developing good clinical practices:

- 1. Anaemia & Iron deficiency
 - When to screen
 - Who to screen
 - How to screen
 - When to treat (e.g. ID without anaemia)
 - How to treat (PO vs IV) (+ benefits versus risks: side effects)
 - When to refer for IV treatment and follow-up by GPs after hospital discharge
 - Dietary advice to optimise uptake of iron
- 2. Preoperative, gastro-intestinal and gynaecological bleeding risk assessment and intervention
 - List risk factors (in patients) for perioperative bleeding
 - List of surgeries with high risk of bleeding
 - ...





2nd chapter: PBM in obstetrics

Dr. M. Beran & Dr. E. Bailleul





Symposium 14/12/2023



Why do we need to focus on PBM in obstetrics?

PPH still is a major concern worldwide Incidence of PPH is gradually increasing!

High incidence of **iron deficiency anaemia (IDA)** in pregnancy with negative impact on maternal & fetal outcome if left untreated

Hemolytic Disease of the Newborn (HDN) carries a high fetal and neonatal risk





Maternal and offspring complications imparted by iron deficiency anemia

Neonatal Risks

- Low birth weight
- Small for gestational age
- Fetal distress
- · Preterm birth

Offspring Risks

- Memory/processing disorders
- Intellectual disability
- Iron deficiency

Maternal Risks

- Preterm labor
- Placental abruption
- Severe postpartum hemorrhage
- Preeclampsia
- Hysterectomy
- Maternal shock
- Increased ICU admission
- Maternal death







PBM in obstetrics – 3 pillars

- 1. Optimise red blood cell mass before birth
- 2. Minimise blood loss during birth
- 3. Correct severe anaemia with iron infusion & avoid unnecessary RBC transfusions





Results BeQuinT survey: baseline to start from!

- 2.1 Diagnosis and treatment of iron deficiency and anaemia in pregnancy
- 2.2 Immunohematology in the obstetric setting
- 2.3 Identification (and preparation) of patients at increased risk of peripartum bleeding
- 2.4 Management of peripartum bleeding
- 2.5 Screening and management of postpartum iron deficiency and anaemia

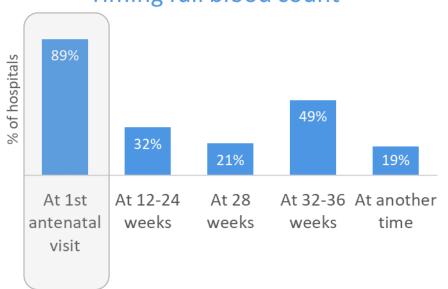




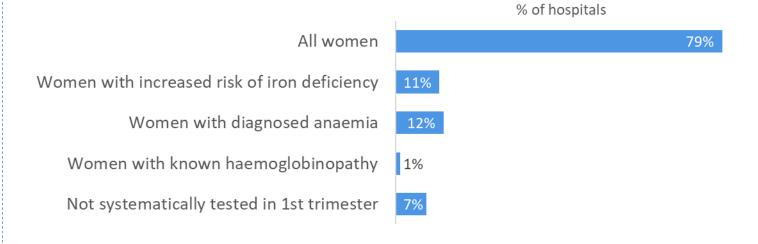


2.1 Diagnosis and treatment of iron deficiency and anaemia in pregnancy

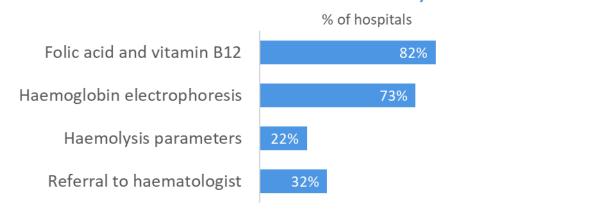
Timing full blood count



Whose serum ferritin is tested in the 1st trimester?



Additional blood testing in case of anaemia without iron deficiency





73% of hospitals with systematic **treatment** of **non-anaemic ID** with **oral iron** supplements in 2nd trim.

KCE report 248 – Assessment and screening during pregnancy

Recommendations anaemia	Strength of recommendation	Level of evidence
Offer to test each pregnant woman for anaemia in early pregnancy. In addition to the haemoglobin level, it is also useful to measure the MCV, MCH and MCHC levels. A second examination at the beginning of the 3rd trimester may be indicated ahead of childbirth. [KCE 2004]	Strong	NA (CBR)*
There is no evidence that platelet and leukocyte counts are useful during pregnancy. However, in Belgium, this test is often routinely performed in the laboratory at the time of anaemia detection. [KCE 2004, amended]	NA	NA

^{*} Level of evidence from Australian 2014 guideline: CBR= Consensus based recommendation because insufficient evidence to support recommendation

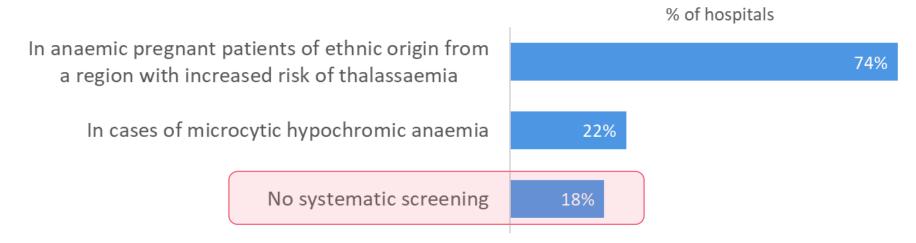
\$\iff 89\% of hospitals: \frac{full blood count}{} at 1st antenatal visit

\$\Rightrightarrow\$ 49% full blood count at 32-36w





Systematic screening for haemoglobinopathies in pregnant patients

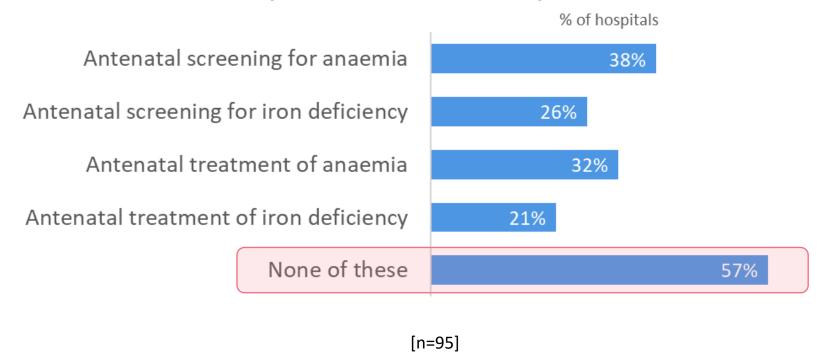


Systematic serum ferritin testing in patients with proven haemoglobinopathy: 81% of hospitals





% hospitals with written protocol







Aim IH in obstetrics: preventing Haemolytic Disease of the Newborn

Haemolytic Disease of the Newborn:

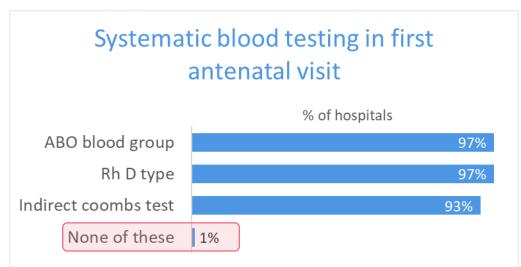
- Estimated incidence of HDN: 3 to 8/100.000 per year
- Before anti-D prophylaxis: responsible for 1% of fetal losses

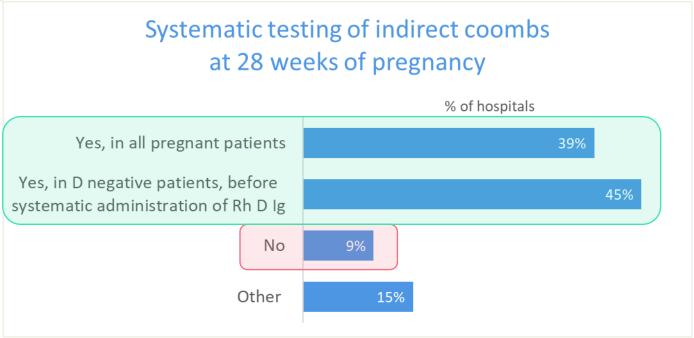
Red cell antibodies during pregnancy:

- 15% of pregnancies: ABO incompatible
 - 4% HDN
- 1% of pregnancies during first trimester: development of red cell antibodies:
 - 60% not linked to HDN
 - 40% linked to HDN
 - 8% anti-D
 - 32% non-anti-D (mostly anti-K, anti-c, anti-E)











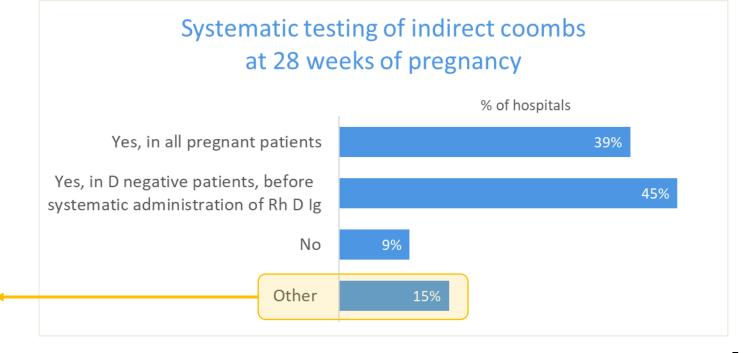


Other:

- together with glucose challenge test at 24 – 25 weeks (3)
- for all RhD negative patients without systematic administration of anti-D Ig (4)
- only for RhD negative mothers with unknown bloodgroup of baby, or known PCR RhD pos (NIPT) (1)

Other timing:

- 24 weeks (1)
- 32 weeks (1)
- 32-36 weeks (1)
- 37 weeks (1)
- between 24-28 weeks, 35 weeks and at birth (1)
- All patients at 32 weeks and all RhDpatients every month (1)







Guidelines

- Systematic testing of ABOD blood group and Indirect Coombs in 1st antenatal visit recommended!
- Repeating Indirect Coombs at 28 weeks: different guidelines!
- References for Belgium:
 - KCE report 248 2015
 - Domus Medica rapport mei 2015
 - VVOG 2023
 - Guide de consultation prénatale 2^e edition Fevr 2022; publié avec CRGOLFB

TO DO: NATIONAL RECOMMENDATIONS BY WORKING GROUP





Risk of immunisation

- Without prophylaxis: 14,7%
- With routine postpartum prophylaxis: 1,6%
- With routine 3rd trimester prophylaxis: 0,5%





Rh D negative blood group with Indirect Coombs positive for anti-D

% of hospitals with written protocol that describes:		
Discussion with the lab whether likely to be passive or preformed allo-antibodies	41%	
Women with allogeneic anti-Rh D antibodies do not need (or shouldn't receive) Rh D immunoglobulin	21%	

[n=95, multiple answer]





Non-invasive prenatal test (NIPT) for determining fetal Rh D status

% of hospitals with written protocol that describes:

In all Rh D negative pregnant women (who give consent)

15%

[n=95]

Availability is changing!

RIZIV/INAMI diagnostic rules:

- Rh D negative pregnant woman and invasive test
- Rh D negative pregnant woman with anti-D antibodies





Systematic administration of **antenatal** anti-Rh D prophylaxis to Rh D negative women

% of hospitals with written protocol that describes:		
No written protocol on anti-Rh D prophylaxis	51%	
At 28 -30 weeks	47%	
At 34 weeks	1%	
Multiple times antenatal	1%	

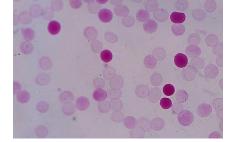
[n=95, multiple answer]





Antenatal anti-Rh D prophylaxis to Rh D negative women after a sensitising event

% of hospitals with written protocol that describes:	
Administration of antenatal Rh D Ig within 72h of sensitising event	69%
List of potentially sensitising events	47%
Assessment of feto-maternal bleeding volume after a sensitising event (after 20 weeks) to determine the dose of anti-D Ig	62%



Dosing: 1500 IU (300 μg) anti-D profylaxis for 15 mL FMT

[n=95, multiple answer]





After the delivery by Rh D negative women

% of hospitals with written protocol that describes:		
Assessment of feto-maternal bleeding volume to determine the dose of Rh D Ig	57%	
Rh D type and Direct Coombs on cord blood or in newborn	66%	
Systematic administration of Rh D Ig (at least 500 IU) within 72h of delivery of Rh D positive baby	78%	
	[05	







Protocol on prophylactic use of Rh D Ig in obstetrics

None of the previously discussed items in a written protocol: 15%







International resources



Blood transfusion in obstetrics. Green-top Guideline No.47. May 2015



SHOT Bite No. 2 Anti-D Ig Administration.

SHOT Anti-D – an aide memoire.

SHOT – How IT systems can support safe practice in anti-D Ig management in pregnancy.





National Blood Authority. Prophylactic use of Rh D immunoglobulin in pregnancy care 2021





National resources | ⇒NEED FOR UNIFORM GUIDELINES!



Clinical guidance paper 2023.

Preventie en behandeling van allo-immunisatie van erytrocyten.

VLAAMSE VERENIGING VOOR OBSTETRIE EN GYNAECOLOGIE vzw.



Guide de consultation prénatale – 2^e edition – fevrier 2022

COLLÈGE ROYAL DES GYNÉCOLOGUES OBSTÉTRICIENS DE LANGUE FRANÇAISE DE BELGIQUE



KCE report 248 – 2015: what are the recommended clinical assesment and screening tests during pregnancy?

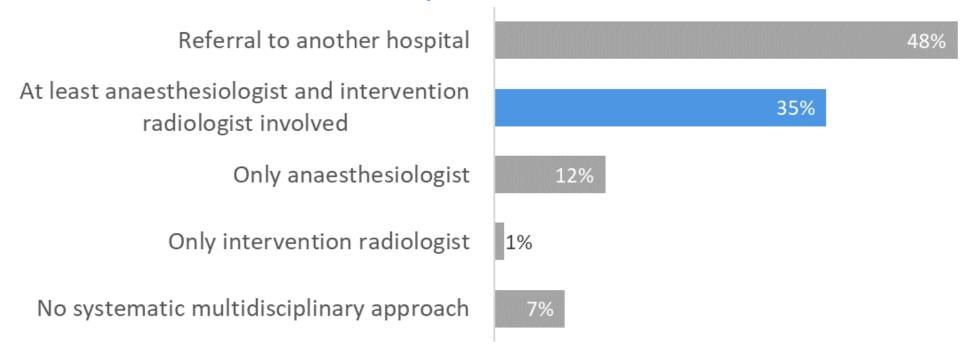


Richtlijn zwangerschapsbegeleiding - 2015





Systematic multidisciplinary planning and approach in pregnant patients with suspected Placenta Accreta Spectrum







Written protocol on multidisciplinary management of PPH

(activation of the protocol, gynaecological management, (Point-Of-Care guided) transfusion algorithm, embolisation, etc.)

	% of hospitals
Specific protocol on peripartum haemorrhage	85%
General protocol on massive haemorrhage	15%





Involvement of anaesthesia in early stage of severe peripartum haemorrhage

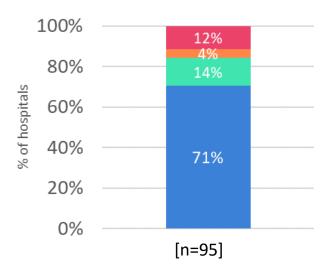
(even in the absence of haemodynamic instability)

	% of hospitals	
Yes	66%	
No	34%	





Systematic coagulation testing during serious peripartum bleeding



No systematic testing

By viscoelastic tests

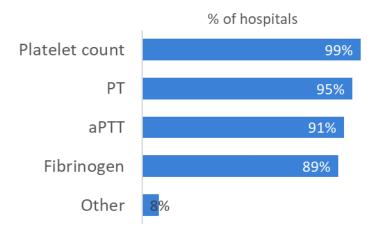
By standard lab tests and sometimes

by viscoelastic tests

By standard lab tests

Correction of low fibrinogen < 2 g/L (or ROTEM: FIBTEM A5 < 12 mm)

Which standard coagulation tests? [n=80]







Cell salvage during C-section

	% of hospitals
Never	85%
In patients who refuse transfusion	11%
When RBC are not readily available	5%
Routinely in patients at high risk for PPH	6%





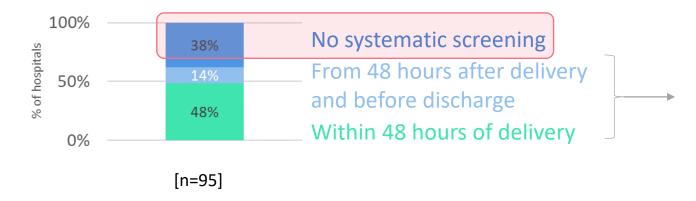
Training on PPH management protocol in past 2 years

	% of hospitals
For obstetricians	55%
For midwifes	61%
For anaesthesiologists	17%
No training	33%

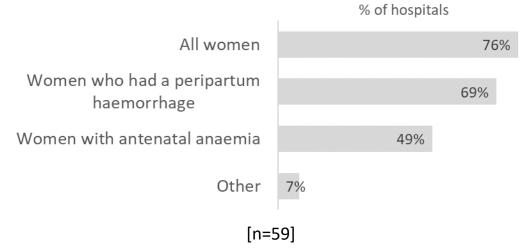




Systematic screening for postpartum iron deficiency and anaemia



Who is systematically screened for postpartum iron deficiency and anaemia?

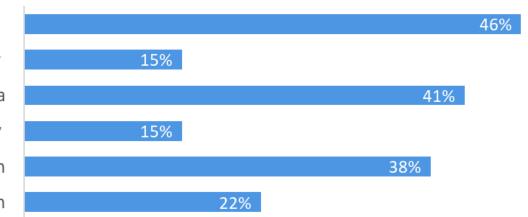






% of hospitals with written protocol

Screening for postpartum anaemia
Screening for postpartum iron deficiency
Treatment of postpartum anaemia
Treatment of postpartum iron deficiency
Transfusion trigger for red cells in non-bleeding patients in postpartum
Single-unit transfusion of red cells in non-bleeding patients in postpartum







Take home messages

- **1. Anaemia** should be addressed early in pregnancy!
- 2. All obstetric units should have a uniform written protocol on the treatment of IDA!
- 3. Systematic **testing of blood group and antibodies** in first antenatal consult is needed
- 4. Guidelines on monitoring of indirect coombs, antibodies and titers during pregnancy should be uniform!
- 5. Need for written and uniform protocols concerning anti-D prophylaxis
- 6. PCR Foetal Rhesus D in maternal blood is more available





Take home messages

- 7. A multidisciplinary approach and planning should apply to all pregnant women at increased risk for PPH!
- 8. All obstetric units should have a **multidisciplinary protocol on the management of PPH** (including transfusion algoritm)
- 9. Everyone involved (gynaecologists, midwives, anesthesiologists) should be trained on a regular basis!
- 10. All obstetric units should have a **written protocol on the management of postpartum anemia** (to ensure optimal management and improve maternal (functional) outcome)





Goals BeQuinT working group PBM in obstetrics

1) 2024: Webinar(s) PBM in obstetrics

- Diagnosis and treatment of IDA in pregnancy
- Postpartum hemorrhage management
- Immunohematology in pregnancy

2) Recommendations on how to implement PBM in obstetrics

(based on existing international guidelines)





BeQuinT working group PBM in obstetrics



M. Beran (Anaestesiologist, ZOL)

L. Bogaert (clinical biologist, AZ Rivierenland)

Clinicians:

- Obstetricians
 - T. Mesens (ZOL, VVOG)
 - E. Pazzaglia / D. Goldman (CHU Charleroi)
 - S. Hollemaert (CHU Tivoli, CRGOLFB)
 - G. Vandenberghe (UZ Gent)
- Anaesthesiologists
 - L. Balant (CHU Charleroi)
- <u>Haematologist</u>
 M. Colard (Erasme)

Clinical biologists

- G. Bulliard (Croix-Rouge de Belgique)
- L. Moreno (CHU UCL Namur)
- A. Devey (CHU de Liège)





3rd chapter: Use of Rh D negative red cells

Dr. R. Seghaye & Prof. Dr. V. Deneys

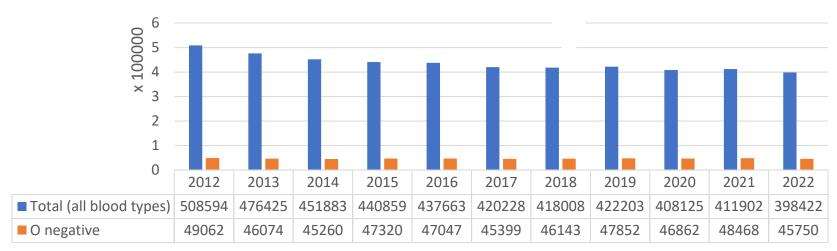




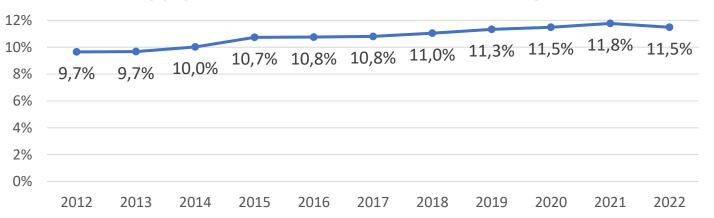
Symposium 14/12/2023



General trend: number of distributed RBC is ≥



Supply vs demand: % of distributed O negative RBC is **↗**



⇔ 6-7% O neg. of Caucasian population





Emergency use of uncrossmatched O D negative red cells is not without risk

Not universally compatible with all patients: unexpected antibodies targeting other RBC antigens like E, Kell, Duffy,...

- Can cause immunisation in O D positive female patients with childbearing potential (phenotype CC or EE)
- Extravascular hemolysis: rarely life threatening
 - ⇔ circulating life span of transfused RBC (=effectiveness) ≥





Rhesus D negative red cells:

D-alloimmunisation with potential for haemolytic disease of the fetus and newborn (HDFN)

⇔ very scarce products compared to RhD-positive red cells

⇒ Ideally: RhD-negative red cells to females of childbearing potential,
 if her RhD-type is negative or unknown





Possible consequences of D-alloimmunisation

Future routine transfusions could be delayed

Extravascular haemolytic reaction

(if patients' anti-D is active or after alloimmunisation in future RhD-positive emergency RBC transfusion)

HDFN during a subsequent pregnancy





Use of O RhD negative units depends also on inventory management in hospital blood banks

- To prevent time expiry?
- Patient-specific blood group not held in inventory?
- Insufficient stock/blood shortages?
 - Rh neg
 - other blood groups

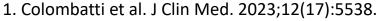




Use of O RhD negative units & SCD

- Genetic red cell disorder which mostly affects people of black ethnicity
- Europe: prevalence $\sim 30/100,000 \Leftrightarrow$ scarce & fragmented epidemiology sources¹
- End of 2012: 469 SCD patients regularly followed and registered by 8 Belgian hospitals²
- People with SCD need regular transfusion, most often with the specific blood sub-type R₀
- Published alloimmunisation rate ranges from 20 to 50% ³
 - \searrow rate by matching for Rh (C,D,E) and K antigens





^{2.} Gulbis et al. Int J Neonatal Screen. 2018;4(4):37.

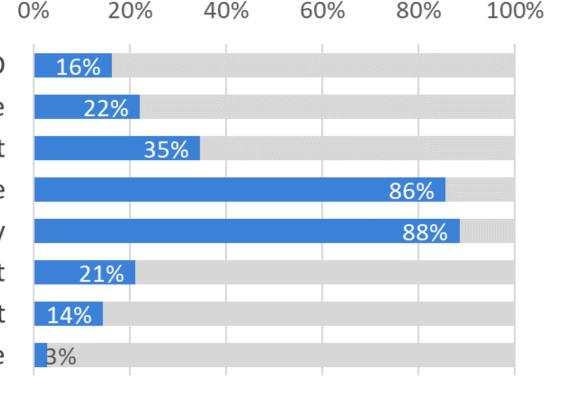
3. Yazdanbakhsh K et al. Blood. 2012;120(3):528-37.



General overview

Available hospital services

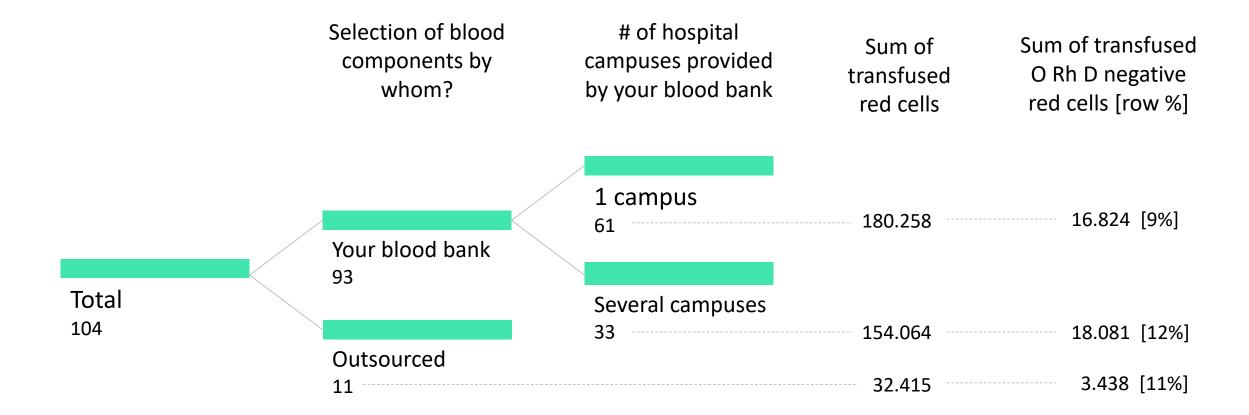
Management of patients with SCD
Trauma centre
Trauma unit
Specialised emergency care
Maternity
Neonatal intensive care unit
Paediatric intensive care unit
None of these





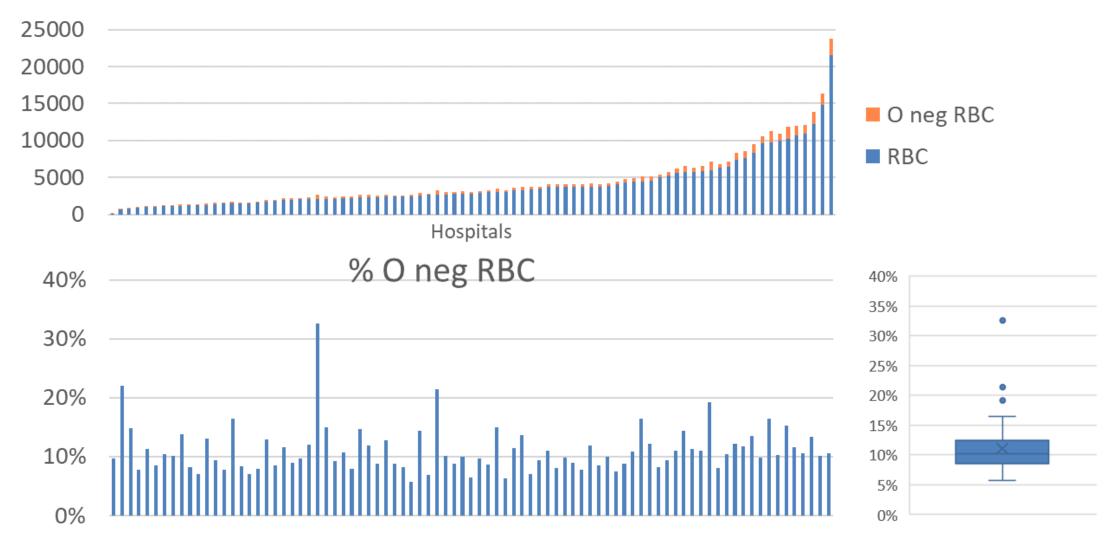


General overview





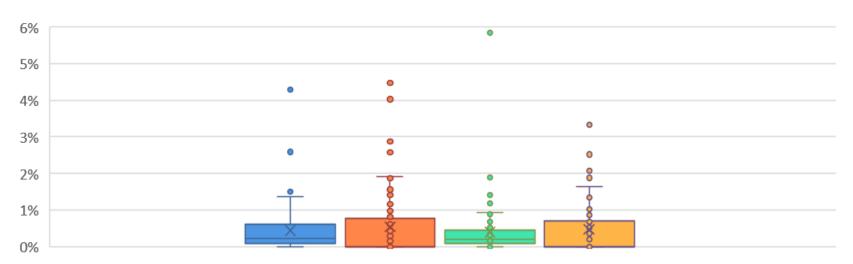








- % of expired red cells (excl. blood type B and AB)
- % of expired O D negative red cells*
- % of wasted red cells
- % of wasted O D negative red cells



Expired or wasted units per hospital

0-149 (0-4,3%)

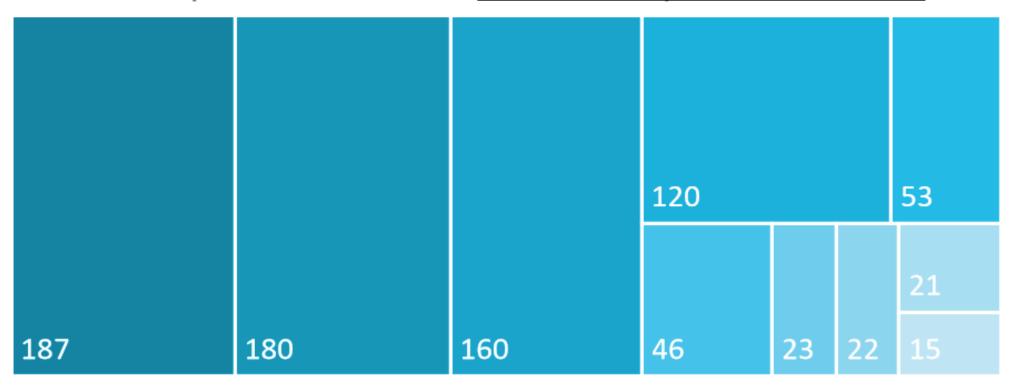
0-18 (0-15,7%)

0-303 (0-5,8%)

0-60 (0-3,3%)





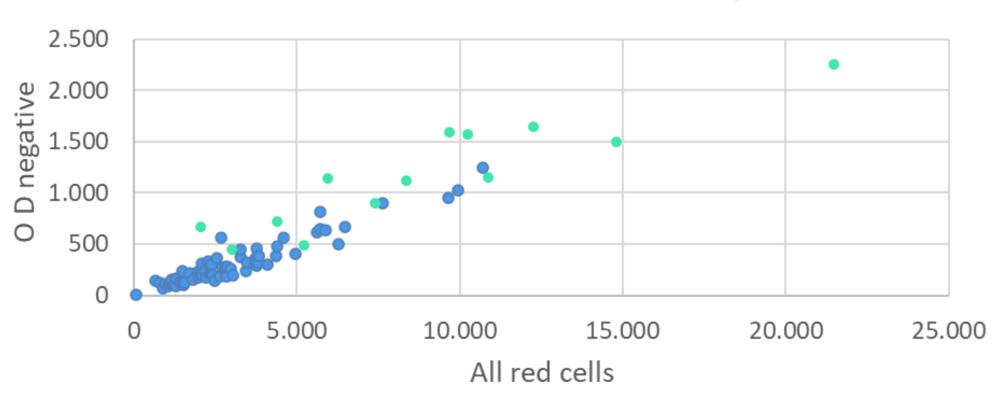






Proportion of O D negative red cells per hospital

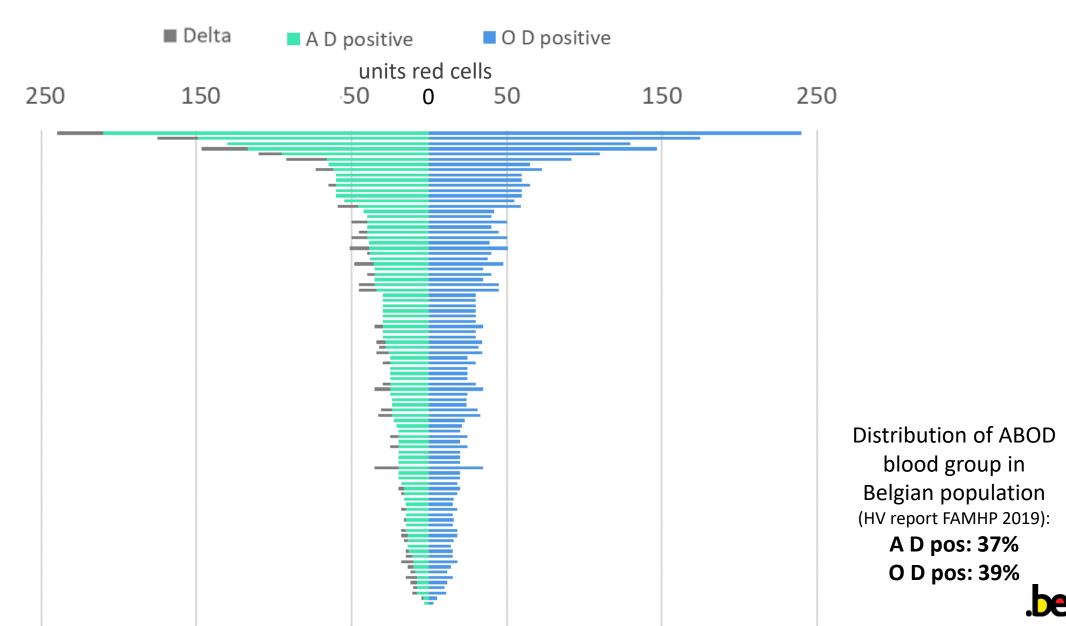
Without
 With Sickle Cell Disease patients







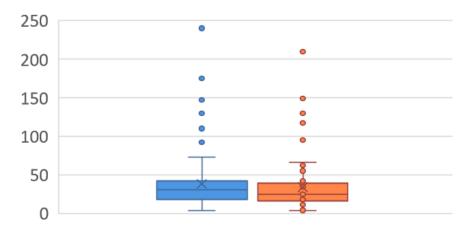
Optimal red cell stock per hospital



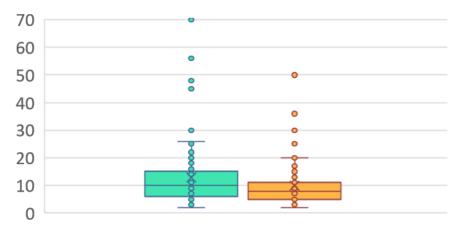


Optimal red cell stock* per hospital

O D positive (median = 30) A D positive (median = 25)



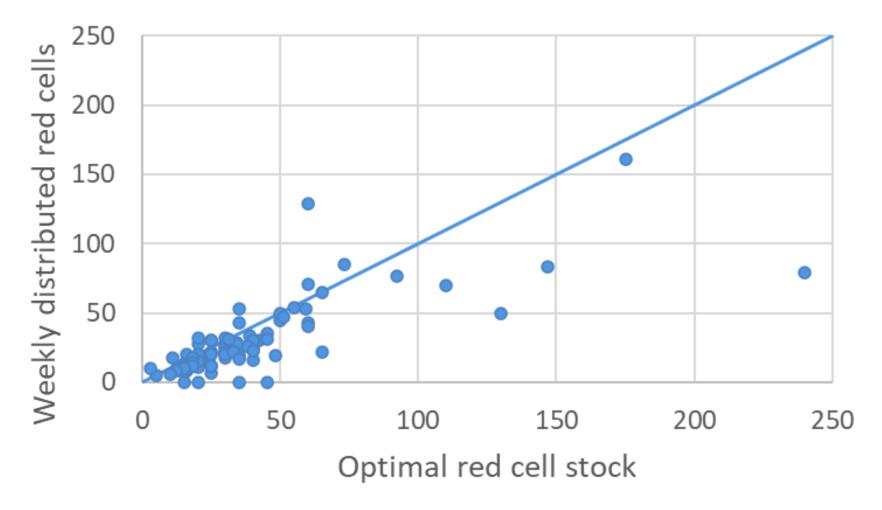
O D negative (median = 10) A D negative (median = 8)







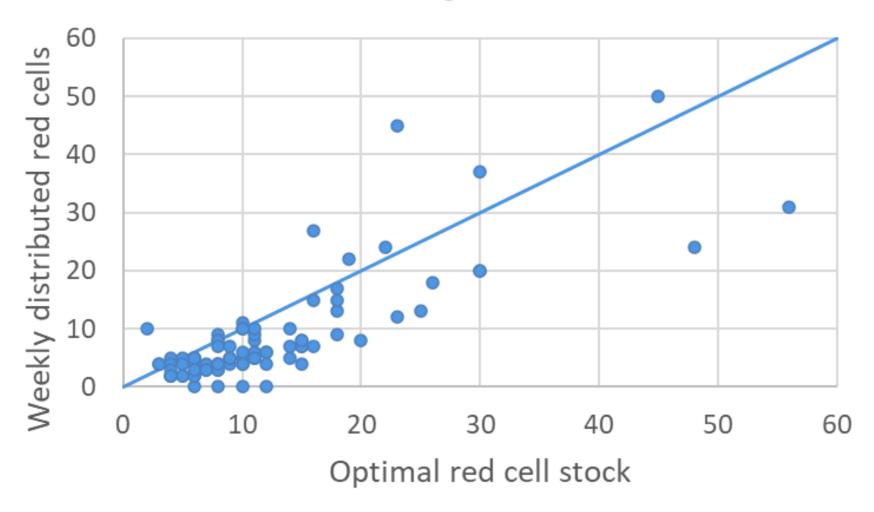
O D positive







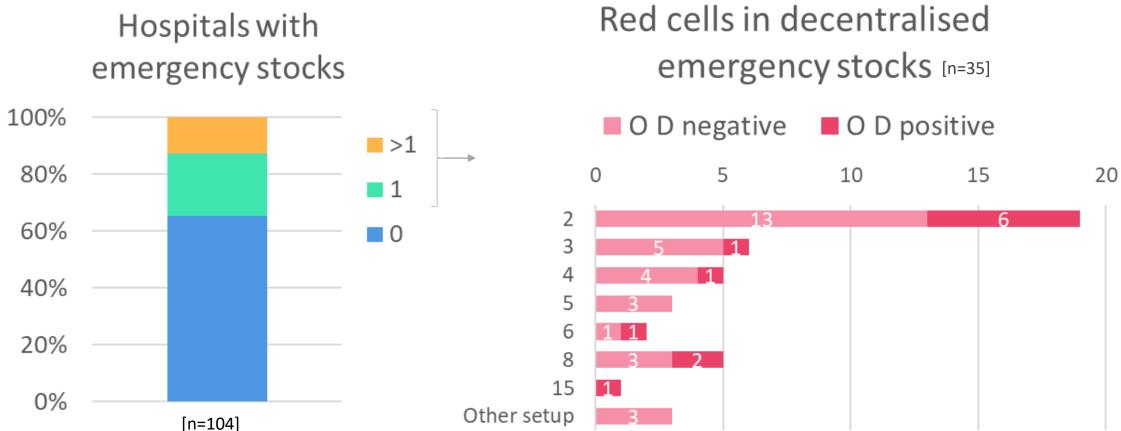
O D negative







Decentralised emergency stocks with O D positive or O D negative red cells

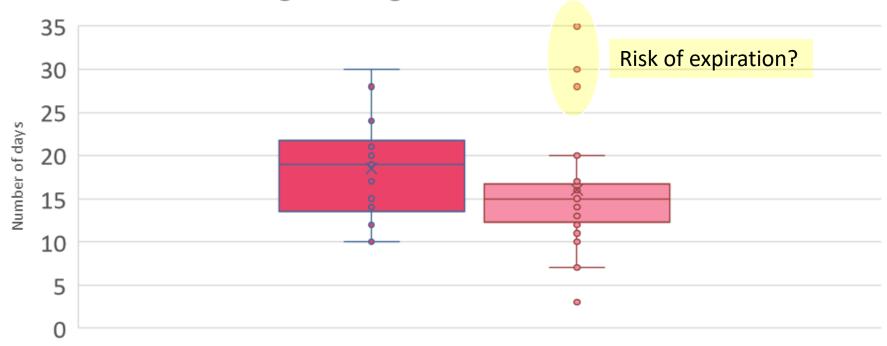






Decentralised emergency stocks with O D positive or O D negative red cells





O D positive (median = 19)

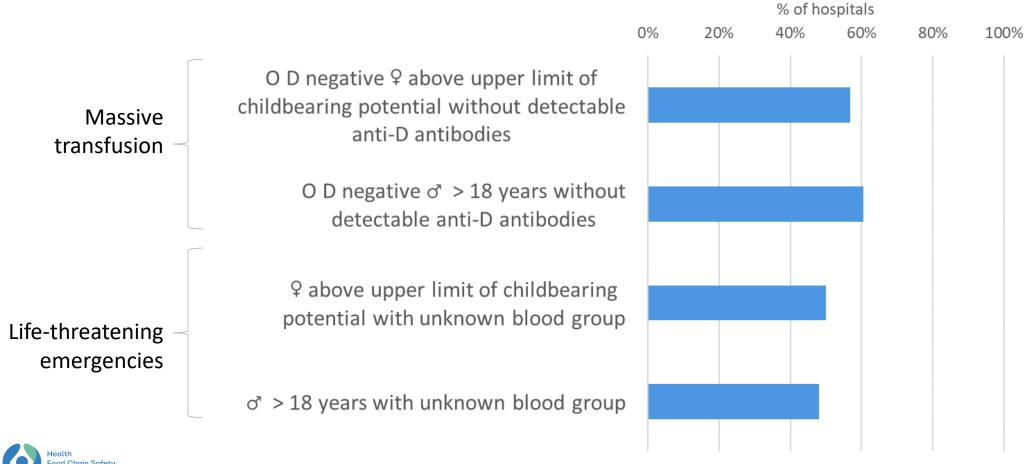
O D negative (median = 15)





Use of O D positive red cells in emergencies

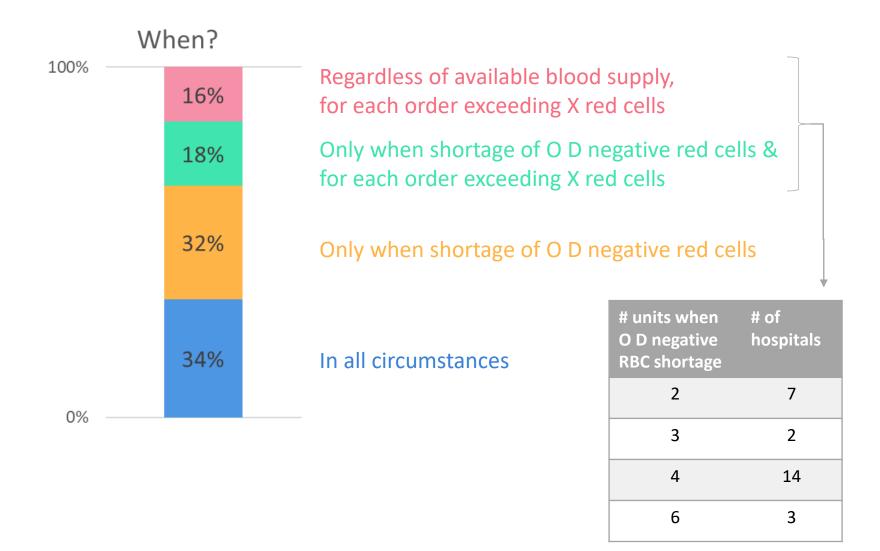
Recommended use in hospital protocols







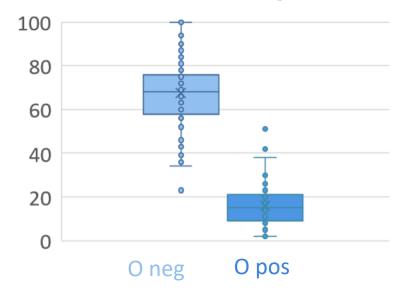
Use of O D positive red cells in emergencies

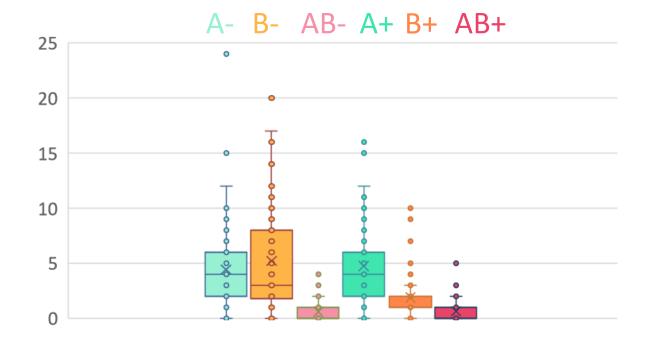






% of transfused **O D negative** red cells in 2022 to patients with blood type ...



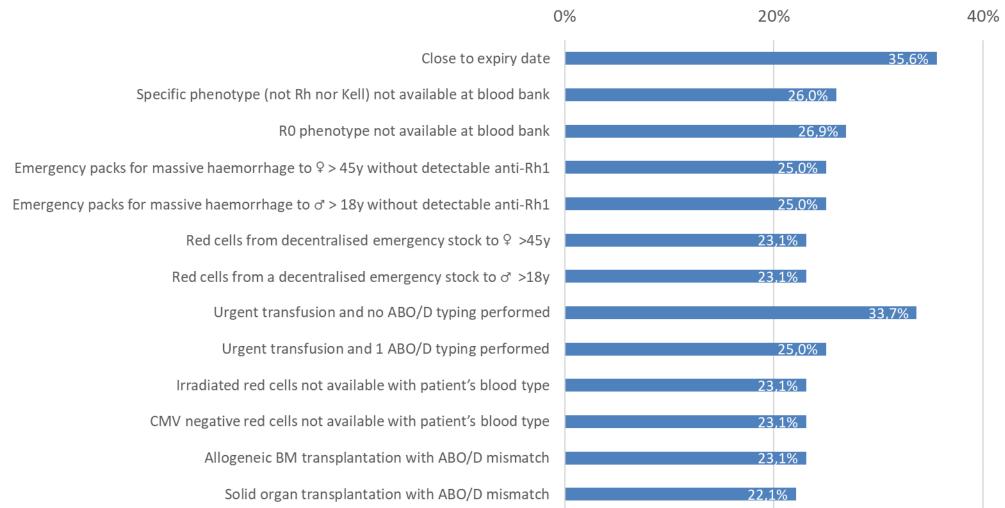






Number of transfused O D negative red cells in 2022 to non-O D negative patients for specific reasons

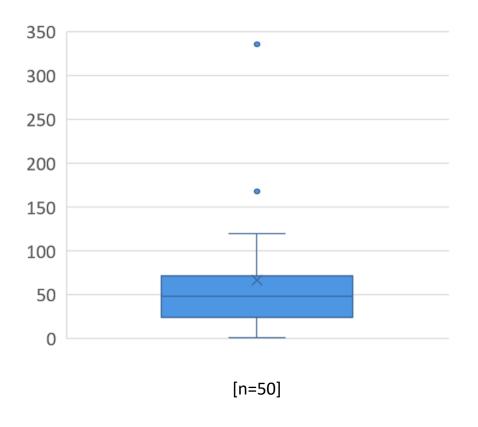
How many hospitals monitor these quality indicators?







Number of hours before O D negative red cells are rotated back into stock with enough shelf life remaining to allow the units to be used before expiry date







Take home messages

- 1. Hospitals should review the local policies on the use of O D positive red cells for unknown or O D negative adult male patient and female patient of non-childbearing potential in case of emergencies (and O D negative shortage and excl. of anti-D antibodies)
- 2. Hospitals should monitor:
 - number of transfused O D negative red cells:
 - to non-O D negative patients (and the reason why, i.e. to avoid time expiry)
 - in emergencies
 - use of red cells in decentralised emergency stocks:
 - depending on regional stock of O D negative red cells:
 availability of adequate number of O positive red cells to avoid unnecessary use of O D negative
 - In central and decentralised stocks:
 - storage duration of O D negative red cells before transfusion
 - number of wasted blood components
- 3. Efficient communication between blood establishments to ensure a timely distribution of O (and B) Rh D negative and R_0 units on a national scale





Recommendations by

 Hoge Gezondheidsraad
 Conseil Supérieur de la Santé

BeQuinT webinar on the use of O Rh D negative (and positive?) red cells





Programme

Welcome coffee



08:30-9:00

9:00-10:30



Presentation results 2nd national PBM survey

The 3 chapters will be discussed:

- 1) Organisation of PBM
- 2) PBM in obstetrics
- 3) Use of O Rhesus negative red blood cells

Break



10:30-10:50

10:50-12:20



PBM implementation by international experts: education, benchmarking and evaluation

Is a PBM programme economically reasonable? by Prof. Dr. P. Meybohm

How local and national benchmarking such as the MAPBM can empower hospitals in PBM implementation? by Prof. Dr. E. Bisbe

How to increase PBM knowledge and to build a strong PBM leadership in a country? by Prof. Dr. V. Louw

Lunch



12:20-13:20

13:20-15:00



Local/national projects in Belgium

Preoperative anaemia detection and management in elective cardiac surgery patients by Dr. S. Buys

PBM implementation at the CHU UCL Namur : communication with patients and care units by Ms. C. Nobis

National database on RBC antibodies: why and how do we need it? by Dr. E. Lazarova

Technical Interoperability in Belgian eHealth Ecosystem by Mr. J.-M. Polfliet

Conclusions for BeQuinT by Prof. Dr. S. Lessire









